

Lundi , 15.05

09:10 - 10:05

Pilates
Barbara

12:15 - 12:45

Pump i.t.
Yvonne

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Mardi , 16.05

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Katrin

Mercredi , 17.05

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 18.05

10:00 - 10:55

Step Aerobic
Dario

Vendredi , 19.05

Samedi , 20.05

09:10 - 10:05

Upcon
Bettina

Dimanche , 21.05