

Lundi , 13.02

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Mardi , 14.02

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Katrin

Mercredi , 15.02

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

Jeudi , 16.02

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Vendredi , 17.02

Samedi , 18.02

09:10 - 10:05

Upcon
Bettina

Dimanche , 19.02