

Lundi , 12.09

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Lorianne

19:15 - 20:10

Pump
Tanja

Mardi , 13.09

09:10 - 10:05

Power Yoga
Bernadette

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Pilates
Barbara

Mercredi , 14.09

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 15.09

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

19:00 - 19:55

Power Yoga
Silvana

Vendredi , 16.09

Samedi , 17.09

09:10 - 10:05

Upcon
Dario

Dimanche , 18.09