

Lundi , 08.08

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Team

19:15 - 20:10

Pump
Tanja

Mardi , 09.08

09:10 - 10:05

Power Yoga
Bernadette

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Pilates
Barbara

Mercredi , 10.08

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Atila

Jeudi , 11.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

19:00 - 19:55

Power Yoga
Silvana

Vendredi , 12.08

Samedi , 13.08

09:10 - 10:05

Upcon
Bettina

Dimanche , 14.08