

Lundi , 01.08

09:10 - 10:05

Power yoga meets Pilates
Silvana

Mardi , 02.08

09:10 - 10:05

Power Yoga
Esther

12:15 - 12:45

Simply Core
Jenny

18:00 - 18:55

Pilates
Barbara

Mercredi , 03.08

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Atilla

Jeudi , 04.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

19:00 - 19:55

Power Yoga
Silvana

Vendredi , 05.08

Samedi , 06.08

09:10 - 10:05

Upcon
Bettina

Dimanche , 07.08