

Lundi , 25.07

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Lorianne

19:15 - 20:10

Pump
Noy

Mardi , 26.07

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Pilates
Barbara

Mercredi , 27.07

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion

Jeudi , 28.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

19:00 - 19:55

Power Yoga
Silvana

Vendredi , 29.07

Samedi , 30.07

09:10 - 10:05

Upcon
Bettina

Dimanche , 31.07