

Lundi , 11.07

09:10 - 10:05

Pilates
Barbara

19:15 - 20:10

Pump
Tanja

Mardi , 12.07

09:10 - 10:05

Power Yoga
Bernadette

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Pilates
Barbara

Mercredi , 13.07

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Atila

Jeudi , 14.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

19:00 - 19:55

Power Yoga
Esther

Vendredi , 15.07

Samedi , 16.07

09:10 - 10:05

Upcon
Bettina

Dimanche , 17.07