

**Lundi , 13.01**

<b>17:30 - 18:25</b> <i>Pilates</i> Caroline	<b>18:45 - 19:40</b> <i>Step'n Tone</i> Sandra	<b>19:45 - 20:40</b> <i>Functional Workout</i> Johana
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**Mardi , 14.01**

<b>08:30 - 09:25</b> <i>Functional Yoga</i> Johana	<b>18:45 - 19:40</b> <i>Toning / Pilates</i> Caroline	<b>19:45 - 20:40</b> <i>Dance Aerobic / Dance Mix</i> Johana
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**Mercredi , 15.01**

<b>10:05 - 11:00</b> <i>Pilates</i> Caroline	<b>18:45 - 19:40</b> <i>Pump</i> Martina	<b>20:00 - 20:55</b> <i>Deep Stretch</i> Andreina
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**Jeudi , 16.01**

<b>18:45 - 19:40</b> <i>Yoga</i> Lisa	<b>19:45 - 20:40</b> <i>Upcon</i> Johana
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**Vendredi , 17.01**

**Samedi , 18.01**

**Dimanche , 19.01**