

Lundi , 18.11

17:30 - 18:25

Pilates
Caroline

Mardi , 19.11

18:45 - 19:40

Toning / Pilates
Caroline

Mercredi , 20.11

10:00 - 10:55

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Bernadette

Jeudi , 21.11

18:45 - 19:40

Yoga
Lisa

Vendredi , 22.11

Samedi , 23.11

Dimanche , 24.11