

Lundi , 11.11

17:30 - 18:25

Pilates
Caroline

18:45 - 19:40

Step'n Tone
Sandra

Mardi , 12.11

18:45 - 19:40

Toning / Pilates
Caroline

Mercredi , 13.11

10:00 - 10:55

Pilates
Caroline

18:45 - 19:40

Pump
Ramona

20:00 - 20:55

Deep Stretch
Bernadette

Jeudi , 14.11

18:45 - 19:40

Yoga
Andreina

Vendredi , 15.11

Samedi , 16.11

Dimanche , 17.11