

**Lundi , 07.10**

**17:30 - 18:25**

*Pilates*  
Caroline

**18:45 - 19:40**

*Step'n Tone*  
Sandra

**Mardi , 08.10**

**18:45 - 19:40**

*Toning / Pilates*  
Caroline

**Mercredi , 09.10**

**10:05 - 11:00**

*Pilates*  
Caroline

**18:45 - 19:40**

*Pump*  
Martina

**20:00 - 20:55**

*Deep Stretch*  
Andreina

**Jeudi , 10.10**

**18:45 - 19:40**

*Yoga*  
Madlaina

**Vendredi , 11.10**

**Samedi , 12.10**

**Dimanche , 13.10**