

Lundi , 22.04

**16:15 - 17:10**

*Pilates*  
Caroline

**19:45 - 20:40**

*Functional Workout*  
Johana

Mardi , 23.04

**08:30 - 09:25**

*Functional Yoga*  
Johana

**18:45 - 19:40**

*Toning / Pilates*  
Caroline

**19:45 - 20:40**

*Dance Aerobic / Dance Mix*  
Johana

Mercredi , 24.04

**10:05 - 11:00**

*Pilates*  
Caroline

**18:45 - 19:40**

*Pump*  
Martina

**20:00 - 20:55**

*Deep Stretch*  
Lisa

Jeudi , 25.04

**18:45 - 19:40**

*Yoga*  
Lisa

**19:45 - 20:40**

*Upcon*  
Johana

Vendredi , 26.04

Samedi , 27.04

Dimanche , 28.04