update Fitness St. Moritz Bad
Via Mezdi 17
7500 St. Moritz Schweiz
Phone081 834 41 41
Gestion du centre: Anna Tina

Horaire update Fitness St. Moritz Bad

Lundi , 22.01

16:15 - 17:10
Pilates
Caroline

19:45 - 20:40
Functional Workout
Johana

Mardi , 23.01

08:30 - 09:25
Functional Yoga
Johana

18:45 - 19:40
Toning / Pilates
Caroline

19:45 - 20:40
Dance Aerobic / Dance Mix
Johana

Mercredi , 24.01

10:05 - 11:00
Pilates
Caroline

18:45 - 19:40
Pump
Martina

20:00 - 20:55
Deep Stretch
Andreina

Jeudi , 25.01

18:45 - 19:40
Yoga
Renata

19:45 - 20:40
Upcon
Johana

Vendredi , 26.01

09:45 - 10:40
Functional Workout
Johana

Samedi , 27.01

Dimanche , 28.01