

Lundi , 30.10

16:15 - 17:10

Pilates
Caroline

Mardi , 31.10

08:30 - 09:25

Functional Yoga
Nina

18:45 - 19:40

Toning / Pilates
Caroline

Mercredi , 01.11

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Jeudi , 02.11

Vendredi , 03.11

07:00 - 07:55

Yoga
Bernadette

Samedi , 04.11

Dimanche , 05.11