

Lundi , 10.07

16:15 - 17:10

Pilates
Caroline

19:45 - 20:40

Functional Workout
Johana

Mardi , 11.07

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mercredi , 12.07

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Laura

Jeudi , 13.07

18:30 - 19:25

Yoga
Renata

Vendredi , 14.07

07:00 - 07:55

Yoga
Andreina

09:30 - 10:25

Functional Workout
Johana

Samedi , 15.07

Dimanche , 16.07