

Lundi , 12.06

16:15 - 17:10

Pilates
Bernadette

19:45 - 20:40

Functional Workout
Johana

Mardi , 13.06

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Martina

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mercredi , 14.06

10:05 - 11:00

Pilates
Nina

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Jeudi , 15.06

18:30 - 19:25

Yoga
Nina

Vendredi , 16.06

07:00 - 07:55

Yoga
Andreina

Samedi , 17.06

Dimanche , 18.06