

Lundi , 15.05

19:45 - 20:40

Functional Workout
Johana

Mardi , 16.05

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

19:45 - 20:40

Dance Aerobic / Dance Mix
Johana

Mercredi , 17.05

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Ramona

20:00 - 20:55

Deep Stretch
Andreina

Jeudi , 18.05

Vendredi , 19.05

07:00 - 07:55

Yoga
Andreina

Samedi , 20.05

Dimanche , 21.05