

Lundi , 10.04

Mardi , 11.04

**08:30 - 09:25**

*Functional Yoga*  
Johana

**18:45 - 19:40**

*Toning / Pilates*  
Caroline

**19:45 - 20:40**

*Dance Aerobic / Dance Mix*  
Johana

Mercredi , 12.04

**10:05 - 11:00**

*Pilates*  
Caroline

**20:00 - 20:55**

*Deep Stretch*  
Andreina

Jeudi , 13.04

**18:30 - 19:25**

*Yoga*  
Nina

Vendredi , 14.04

**07:00 - 07:55**

*Yoga*  
Andreina

Samedi , 15.04

Dimanche , 16.04