

Lundi , 20.01

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
 Alexandra

10:00 - 10:55

Yoga
 Alexandra

12:15 - 12:45

P.I.I.T
 Linda

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Claudia

19:00 - 19:55

Zumba
 Andrea

20:00 - 20:55

Power Yoga
 Beatrice

Mardi , 21.01

09:00 - 09:55

Zumba Gold
 Petra

10:00 - 10:55

Power Yoga
 Michaela

17:25 - 17:55

P.I.I.T
 Angela

18:00 - 18:55

Kick Power
 Nicole

19:00 - 19:55

Pump
 Sandra

Mercredi , 22.01

09:00 - 09:55

Cycling
 Alexandra

10:05 - 11:00

Rückengymnastik
 Alexandra

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Katja

19:15 - 20:10

Cycling
 Gilles

Jeudi , 23.01

06:15 - 07:10

Pilates
 Sandra

09:30 - 10:25

Pilates
 Sarah

18:00 - 18:55

Pump
 Nicole

19:05 - 20:00

Fitboxe
 Andrej

Vendredi , 24.01

09:00 - 09:55

Rückengymnastik
 Nicola

10:00 - 10:55

Yoga
 Asal

12:15 - 13:10

Pump
 Sandra

17:45 - 18:40

Cycling
 Alexandra

19:00 - 19:55

Pilates
 Eva

Samedi , 25.01

09:30 - 10:25

Yoga
 Beatrice

Dimanche , 26.01

08:55 - 09:25

P.I.I.T
 Sandra

09:30 - 10:25

Pump
 Sandra