

**Lundi , 30.09**

**18:00 - 18:55**

*Kick Power*  
Nicole

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Arlette

**Mardi , 01.10**

**18:00 - 18:30**

*Simply Core*  
Linda

**18:30 - 19:00**

*P.I.I.T*  
Linda

**19:10 - 20:05**

*Yoga*  
Seraina

**Mercredi , 02.10**

**18:00 - 18:55**

*Pump*  
Sandra

**19:00 - 19:55**

*Fitboxe*  
Andrej

**Jeudi , 03.10**

**18:30 - 18:55**

*Simply Core*  
Sandra

**19:00 - 19:55**

*Pilates*  
Sandra

**Vendredi , 04.10**

**Samedi , 05.10**

**Dimanche , 06.10**