

Lundi , 03.02

08:00 - 08:55 Yoga Andrea	09:05 - 09:30 P.I.I.T Laura	09:35 - 10:30 Pump Laura	18:00 - 18:55 Pump Manuela	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Laura	20:00 - 20:55 Yoga Asal
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Mardi , 04.02

09:30 - 10:25 Zumba Sabina	19:00 - 19:55 Zumba Sabina	20:15 - 21:10 Yoga Alexandra
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Mercredi , 05.02

08:45 - 09:10 Simply Core Laura	09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Laura	12:15 - 13:10 Pump Manuela	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Sabina	19:00 - 19:55 Pilates Eva	20:00 - 20:55 Zumba Sabina
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Jeudi , 06.02

09:30 - 10:25 Yoga Alexandra	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
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Vendredi , 07.02

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Fabienne	10:15 - 10:45 Simply Core Fabienne	12:15 - 13:10 Pump Manuela
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Samedi , 08.02

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Nena Nevenka

Dimanche , 09.02

09:00 - 09:55 Pump Manuela	10:00 - 10:30 Simply Core Manuela
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