

Lundi , 25.11

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| 08:00 - 08:55 Yoga Andrea | 09:05 - 09:30 P.I.I.T Laura | 09:35 - 10:30 Pump Laura | 18:00 - 18:55 Pump Manuela | 19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Manuela | 20:00 - 20:55 Yoga Asal |
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Mardi , 26.11

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| 09:30 - 10:25 Zumba Sabina | 18:00 - 18:55 Pump Morena | 19:00 - 19:55 Zumba Sabina | 20:15 - 21:10 Yoga Nadine |
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Mercredi , 27.11

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| 08:45 - 09:10 Simply Core Fabienne | 09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Fabienne | 12:15 - 13:10 Pump Morena | 18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Morena | 19:00 - 19:55 Pilates Eva | 20:05 - 21:00 Zumba Sabina |
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Jeudi , 28.11

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| 09:30 - 10:25 Yoga Asal | 18:00 - 18:30 P.I.I.T Laura | 18:30 - 18:55 Simply Core Laura | 19:10 - 20:05 Pump Laura |
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Vendredi , 29.11

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| 09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Morena | 10:15 - 10:45 Simply Core Morena | 12:15 - 13:10 Pump Manuela |
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Samedi , 30.11

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| 09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Morena |
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Dimanche , 01.12

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| 09:00 - 09:55 Pump Morena | 10:00 - 10:30 Simply Core Morena |
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