

Lundi , 07.10

08:00 - 08:55 Yoga Andrea	09:05 - 09:30 P.I.I.T Laura	09:35 - 10:30 Pump Laura	18:00 - 18:55 Pump Laura	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Laura	20:00 - 20:55 Yoga Asal
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Mardi , 08.10

09:30 - 10:25 Zumba Sabina	18:00 - 18:55 Pump Morena	19:00 - 19:55 Zumba Sabina	20:15 - 21:10 Yoga Alexandra
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Mercredi , 09.10

08:45 - 09:10 Simply Core Fabienne	09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Fabienne	12:15 - 13:10 Pump Morena	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Annina	19:00 - 19:55 Pilates Eva	20:05 - 21:00 Zumba Sabina
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Jeudi , 10.10

09:30 - 10:25 Yoga Alexandra	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
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Vendredi , 11.10

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Morena	10:15 - 10:45 Simply Core Morena	12:15 - 13:10 Pump Laura
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Samedi , 12.10

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Morena

Dimanche , 13.10

09:00 - 09:55 Pump Laura	10:00 - 10:30 Simply Core Laura
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