

Lundi , 06.05

08:00 - 08:55

Yoga
Laura

09:00 - 09:25

P.I.I.T
Laura

09:30 - 10:25

Pump
Laura

18:00 - 18:55

Pump
Manuela

19:00 - 19:55

BBP (Bauch,
Beine, Po) /
Bodytone
Manuela

20:00 - 20:55

Yoga
Asal

Mardi , 07.05

09:30 - 10:25

Zumba
Sabina

19:00 - 19:55

Zumba
Sabina

20:15 - 21:10

Yoga
Alexandra

Mercredi , 08.05

08:45 - 09:10

Simply Core
Fabienne

09:15 - 10:10

BBP (Bauch,
Beine, Po) /
Bodytone
Fabienne

12:15 - 13:10

Pump
Morena

18:00 - 18:55

BBP (Bauch,
Beine, Po) /
Bodytone
Manuela

19:00 - 19:55

Pilates
Manuela

20:05 - 21:00

Zumba
Sabina

Jeudi , 09.05

Vendredi , 10.05

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Manuela

Samedi , 11.05

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Morena

Dimanche , 12.05

09:00 - 09:55

Pump
Manuela

10:00 - 10:30

Simply Core
Manuela