

**Lundi , 29.01**

**08:00 - 08:55**

Yoga  
Laura

**09:15 - 10:10**

P.I.I.T  
Laura

**09:55 - 10:50**

Pump  
Laura

**18:00 - 18:55**

Pump  
Manuela

**19:00 - 19:55**

BBP (Bauch,  
Beine, Po) /  
Bodytone  
Manuela

**20:00 - 20:55**

Yoga  
Priscilla

**Mardi , 30.01**

**09:30 - 10:25**

Zumba  
Sabina

**18:00 - 18:55**

Pump  
Morena

**19:00 - 19:55**

Zumba  
Sabina

**20:05 - 21:00**

Yoga  
Laura

**Mercredi , 31.01**

**08:45 - 09:10**

Simply Core  
Laura

**09:15 - 10:10**

BBP (Bauch, Beine,  
Po) / Bodytone  
Laura

**18:00 - 18:55**

BBP (Bauch, Beine,  
Po) / Bodytone  
Manuela

**19:00 - 19:55**

Pilates  
Eva

**20:05 - 21:00**

Zumba  
Sabina

**Jeudi , 01.02**

**09:30 - 10:25**

Yoga  
Alexandra

**18:00 - 18:30**

P.I.I.T  
Laura

**18:30 - 18:55**

Simply Core  
Laura

**19:10 - 20:05**

Pump  
Laura

**Vendredi , 02.02**

**09:15 - 10:10**

BBP (Bauch, Beine, Po) /  
Bodytone  
Morena

**10:15 - 10:45**

Simply Core  
Morena

**12:15 - 13:10**

Pump  
Manuela

**Samedi , 03.02**

**09:00 - 09:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Laura

**Dimanche , 04.02**

**09:00 - 09:55**

Pump  
Laura

**10:00 - 10:30**

Simply Core  
Laura