

Lundi , 01.01

Mardi , 02.01

09:30 - 10:25

Zumba
Uliana

18:00 - 18:55

Pump
Morena

19:00 - 19:55

Zumba
Sabina

20:05 - 21:00

Yoga
Nadine

Mercredi , 03.01

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Morena

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Manuela

19:00 - 19:55

Pilates
Eva

20:05 - 21:00

Zumba
Sabina

Jeudi , 04.01

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Vendredi , 05.01

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Manuela

Samedi , 06.01

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Morena

Dimanche , 07.01

09:00 - 09:55

Pump
Morena

10:00 - 10:30

Simply Core
Morena