

Lundi , 13.11

08:00 - 08:55 Yoga Laura	09:15 - 09:45 P.I.I.T Laura	09:55 - 10:50 Pump Laura	18:00 - 18:55 Pump Manuela	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Manuela
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Mardi , 14.11

09:30 - 10:25 Zumba Sabina	17:55 - 18:50 Pump Morena	19:00 - 19:55 Zumba Sabina	20:05 - 21:00 Yoga Nadine
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Mercredi , 15.11

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Fabienne	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Manuela	19:00 - 19:55 Pilates Eva	20:05 - 21:00 Zumba Sabina
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Jeudi , 16.11

09:30 - 10:25 Yoga Alexandra	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
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Vendredi , 17.11

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Morena	10:15 - 10:45 Simply Core Morena	12:15 - 13:10 Pump Manuela
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Samedi , 18.11

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Morena

Dimanche , 19.11

09:00 - 09:55 Pump Morena	10:00 - 10:30 Simply Core Morena
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