

Lundi , 09.10

08:00 - 08:55 <i>Yoga</i> Laura	09:15 - 09:45 <i>P.I.I.T</i> Laura	09:55 - 10:50 <i>Pump</i> Laura	18:00 - 18:55 <i>Pump</i> Manuela
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Mardi , 10.10

09:30 - 10:25 <i>Zumba</i> Sabina	19:00 - 19:55 <i>Zumba</i> Sabina	20:05 - 21:00 <i>Yoga</i> Nadine
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Mercredi , 11.10

09:15 - 10:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Fabienne	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Manuela	19:00 - 19:55 <i>Pilates</i> Eva	20:05 - 21:00 <i>Zumba</i> Sabina
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Jeudi , 12.10

09:30 - 10:25 <i>Yoga</i> Alexandra	18:00 - 18:30 <i>P.I.I.T</i> Laura	18:30 - 18:55 <i>Simply Core</i> Laura	19:10 - 20:05 <i>Pump</i> Laura
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Vendredi , 13.10

12:15 - 13:10 <i>Pump</i> Manuela
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Samedi , 14.10

Dimanche , 15.10

09:00 - 09:55 <i>Pump</i> Manuela	10:00 - 10:30 <i>Simply Core</i> Manuela
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