

Lundi , 04.09

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| 08:00 - 08:55 Yoga Laura | 09:15 - 09:45 P.I.I.T Laura | 09:55 - 10:50 Pump Laura | 17:55 - 18:50 Pump Manuela | 19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Annina |
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Mardi , 05.09

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| 09:30 - 10:25 Zumba Sabina | 19:00 - 19:55 Zumba Sabina | 20:05 - 21:00 Yoga Alexandra |
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Mercredi , 06.09

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| 09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Fabienne | 17:55 - 18:50 BBP (Bauch, Beine, Po) / Bodytone Manuela | 19:00 - 19:55 Pilates Eva | 20:05 - 21:00 Zumba Sabina |
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Jeudi , 07.09

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| 09:30 - 10:25 Yoga Alexandra | 18:00 - 18:30 P.I.I.T Laura | 18:30 - 18:55 Simply Core Laura | 19:10 - 20:05 Pump Laura |
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Vendredi , 08.09

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| 09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Laura | 10:15 - 10:45 Simply Core Laura | 12:15 - 13:10 Pump Manuela |
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Samedi , 09.09

Dimanche , 10.09

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| 09:00 - 09:55 Pump Laura | 10:00 - 10:30 Simply Core Laura |
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