

Lundi , 28.08

08:00 - 08:55 Yoga Laura	09:15 - 09:45 P.I.I.T Laura	09:55 - 10:50 Pump Laura	17:55 - 18:50 Pump Manuela	19:00 - 19:55 BBP (Bauch, Beine, Po) / Bodytone Annina
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Mardi , 29.08

09:30 - 10:25 Zumba Sabina	17:55 - 18:50 Pump Laura	19:00 - 19:55 Zumba Sabina	20:05 - 21:00 Yoga Alexandra
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Mercredi , 30.08

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Fabienne	17:55 - 18:50 BBP (Bauch, Beine, Po) / Bodytone Eva	19:00 - 19:55 Pilates Eva	20:05 - 21:00 Zumba Sabina
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Jeudi , 31.08

09:30 - 10:25 Yoga Asal	18:00 - 18:30 P.I.I.T Laura	18:30 - 18:55 Simply Core Laura	19:10 - 20:05 Pump Laura
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Vendredi , 01.09

09:15 - 10:10 BBP (Bauch, Beine, Po) / Bodytone Laura	10:15 - 10:45 Simply Core Laura	12:15 - 13:10 Pump Manuela
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Samedi , 02.09

Dimanche , 03.09

08:45 - 09:40 Pump Manuela	10:00 - 10:30 Simply Core Manuela	10:35 - 11:05 Pump i.t. Manuela
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