

Lundi , 31.07

Mardi , 01.08

Mercredi , 02.08

09:15 - 10:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Laura

17:55 - 18:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Laura

19:00 - 19:55

Pilates
Monika

20:05 - 21:00

Zumba
Sabina

Jeudi , 03.08

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Vendredi , 04.08

12:15 - 13:10

Pump
Laura

Samedi , 05.08

Dimanche , 06.08

08:45 - 09:40

Pump
Laura

10:00 - 10:30

Simply Core
Laura