

**Lundi , 17.07**

**09:55 - 10:50**

*Pump*  
Laura

**17:55 - 18:50**

*Pump*  
Manuela

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Annina

**Mardi , 18.07**

**Mercredi , 19.07**

**09:15 - 10:10**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Fabienne

**17:55 - 18:50**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Manuela

**19:00 - 19:55**

*Pilates*  
Manuela

**20:05 - 21:00**

*Zumba*  
Leidy

**Jeudi , 20.07**

**09:30 - 10:25**

*Yoga*  
Alexandra

**18:00 - 18:30**

*P.I.I.T*  
Laura

**18:30 - 18:55**

*Simply Core*  
Laura

**19:10 - 20:05**

*Pump*  
Laura

**Vendredi , 21.07**

**12:15 - 13:10**

*Pump*  
Manuela

**Samedi , 22.07**

**Dimanche , 23.07**

**08:45 - 09:40**

*Pump*  
Manuela

**10:00 - 10:30**

*Simply Core*  
Manuela