

**Lundi , 13.01**

<b>09:10 - 10:05</b> <i>Pilates</i> Isabelle	<b>10:10 - 11:05</b> <i>Fitboxe</i> Isabel	<b>17:15 - 17:45</b> <i>P.I.I.T</i> Daniela	<b>17:55 - 18:50</b> <i>Step'n Tone</i> Daniela	<b>19:00 - 19:55</b> <i>Zumba</i> Deniz	<b>20:05 - 21:00</b> <i>Yoga</i> Sabrina
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**Mardi , 14.01**

<b>09:10 - 10:05</b> <i>Rückenfit</i> Isabelle	<b>18:05 - 18:35</b> <i>P.I.I.T</i> Daniela	<b>18:35 - 19:30</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela
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**Mercredi , 15.01**

<b>09:10 - 10:05</b> <i>Yoga</i> Fabienne	<b>18:15 - 18:45</b> <i>Simply Core</i> Bianca	<b>19:00 - 19:55</b> <i>Fitboxe</i> Isabel
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**Jeudi , 16.01**

<b>09:10 - 10:05</b> <i>Pump</i> Isabel	<b>18:00 - 18:55</b> <i>Pump</i> Bianca	<b>19:00 - 19:55</b> <i>Fighttime 55'</i> Bianca
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**Vendredi , 17.01**

<b>09:10 - 10:05</b> <i>Functional Workout</i> Sabrina	<b>18:00 - 18:55</b> <i>Step'n Tone</i> Graziella
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**Samedi , 18.01**

<b>09:10 - 10:05</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela	<b>10:15 - 11:10</b> <i>Upcon</i> Daniela
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**Dimanche , 19.01**

<b>10:00 - 10:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Saskia
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