

Lundi , 25.11

09:10 - 10:05 <i>Pilates</i> Isabelle	10:10 - 10:55 <i>Fitboxe</i> Isabel	17:15 - 17:45 <i>P.I.I.T</i> Daniela	17:55 - 18:50 <i>Step'n Tone</i> Daniela	19:00 - 19:55 <i>Zumba</i> Deniz	20:05 - 21:00 <i>Yoga</i> Sabrina
--	--	---	---	---	--

Mardi , 26.11

18:00 - 18:30 <i>P.I.I.T</i> Daniela	18:35 - 19:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela
---	---

Mercredi , 27.11

09:10 - 10:05 <i>Yoga</i> Fabienne	18:15 - 18:45 <i>Simply Core</i> Bianca	19:00 - 19:55 <i>Fitboxe</i> Isabel
---	--	--

Jeudi , 28.11

09:10 - 10:05 <i>Pump</i> Isabel	18:00 - 18:55 <i>Pump</i> Bianca	19:00 - 19:55 <i>Fighttime 55'</i> Bianca
---	---	--

Vendredi , 29.11

09:10 - 10:05 <i>Functional Workout</i> Bianca	18:00 - 18:55 <i>Step'n Tone</i> Graziella
---	---

Samedi , 30.11

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela	10:15 - 11:10 <i>Upcon</i> Daniela
---	---

Dimanche , 01.12

10:00 - 10:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Melanie
