

### Lundi , 21.10

<b>09:10 - 10:05</b> <i>Pilates</i> Isabelle	<b>10:10 - 10:55</b> <i>Fitboxe</i> Isabel	<b>17:15 - 17:45</b> <i>P.I.I.T</i> Daniela	<b>17:55 - 18:50</b> <i>Step'n Tone</i> Daniela	<b>19:00 - 19:55</b> <i>Zumba</i> Deniz	<b>20:05 - 21:00</b> <i>Yoga</i> Sabrina
--	--	---	---	---	--

### Mardi , 22.10

<b>18:00 - 18:30</b> <i>P.I.I.T</i> Daniela	<b>18:35 - 19:30</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela
---	---

### Mercredi , 23.10

<b>09:10 - 10:05</b> <i>Yoga</i> Olga	<b>18:15 - 18:45</b> <i>Simply Core</i> Isabel	<b>19:00 - 19:55</b> <i>Fitboxe</i> Isabel
---	--	--

### Jeudi , 24.10

<b>09:10 - 10:05</b> <i>Pump</i> Isabel	<b>18:00 - 18:55</b> <i>Pump</i> Nicolle
---	--

### Vendredi , 25.10

<b>09:10 - 10:05</b> <i>Functional Workout</i> Sabrina	<b>18:00 - 18:55</b> <i>Step'n Tone</i> Graziella
--	---

### Samedi , 26.10

<b>09:10 - 10:05</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Daniela	<b>10:15 - 11:10</b> <i>Upcon</i> Daniela
---	---

### Dimanche , 27.10

<b>10:00 - 10:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Luana
---