

Lundi , 29.07

09:10 - 10:05

Pilates
Isabelle

10:10 - 10:55

Fighttime Special
Bianca

17:15 - 17:45

P.I.I.T
Melanie

17:55 - 18:50

Step'n Tone
Nicole

19:00 - 19:55

Zumba
Nicholay

20:05 - 21:00

Yoga
Vivian

Mardi , 30.07

18:00 - 18:30

P.I.I.T
Melanie

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Melanie

Mercredi , 31.07

09:10 - 10:05

Yoga
Olga

18:15 - 18:45

Simply Core
Bianca

19:00 - 19:55

Fitboxe
Isabel

Jeudi , 01.08

10:00 - 10:55

BBP Special
Doris

11:00 - 11:55

Fitboxe Special
Doris

Vendredi , 02.08

09:10 - 10:05

Functional Workout
Sabrina

18:00 - 18:55

Step'n Tone
Brigitte

Samedi , 03.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

10:15 - 11:10

Upcon
Daniela

Dimanche , 04.08

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Luana