

Lundi , 19.02

09:10 - 10:05

Pilates
Olga

10:10 - 10:55

Fitboxe
Isabel

17:15 - 17:45

P.I.I.T
Naima

17:55 - 18:50

BBP (Bauch, Beine, Po) / Bodytone
Naima

19:00 - 19:55

Zumba
Deniz

20:05 - 21:00

Yoga
Isabel

Mardi , 20.02

18:00 - 18:30

P.I.I.T
Bianca

18:35 - 19:30

BBP (Bauch, Beine, Po) / Bodytone
Bianca

Mercredi , 21.02

09:10 - 10:05

Yoga
Isabel

18:15 - 18:45

Simply Core
Isabel

19:00 - 19:55

Fitboxe
Isabel

Jeudi , 22.02

09:10 - 10:05

Pump
Isabel

18:00 - 18:55

Pump
Nicolle

19:00 - 19:55

Fighttime 55'
Bianca

Vendredi , 23.02

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Bianca

18:00 - 18:55

Step'n Tone
Graziella

Samedi , 24.02

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Daniela

10:15 - 11:10

Upcon
Daniela

Dimanche , 25.02

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Luana