

Lundi , 12.02

09:10 - 10:05

Pilates
Isabelle

10:10 - 10:55

Fighttime Special
Bianca

17:15 - 17:45

P.I.I.T
Melanie

17:55 - 18:50

Step'n Tone
Priska

19:00 - 19:55

Zumba
Deniz

20:05 - 21:00

Yoga
Fabienne

Mardi , 13.02

18:00 - 18:30

P.I.I.T
Melanie

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Mercredi , 14.02

09:10 - 10:05

Yoga
Olga

18:15 - 18:45

Simply Core
Luana

19:00 - 19:55

Fitboxe
Isabelle

Jeudi , 15.02

09:10 - 10:05

Pump
Saskia

18:00 - 18:55

Pump
Nicolle

19:00 - 19:55

Fighttime 55'
Bianca

Vendredi , 16.02

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Bianca

18:00 - 18:55

Step'n Tone
Graziella

Samedi , 17.02

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

10:15 - 11:10

Upcon
Daniela

Dimanche , 18.02

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia