

Lundi , 01.01

Mardi , 02.01

**18:05 - 18:35**

*P.I.I.T*

Daniela

**18:35 - 19:30**

*BBP (Bauch, Beine, Po) /*

*Bodytone*

Daniela

Mercredi , 03.01

**09:10 - 10:05**

*Yoga*

Bettina

**18:15 - 18:45**

*Simply Core*

Luana

**19:00 - 19:55**

*Fighttime 55'*

Bianca

Jeudi , 04.01

**09:10 - 10:05**

*Pump*

Melanie

**18:00 - 18:55**

*Pump*

Nicolle

**19:00 - 19:55**

*Fighttime 55'*

Bianca

Vendredi , 05.01

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /*

*Bodytone*

Naima

**18:00 - 18:55**

*Step'n Tone*

Graziella

Samedi , 06.01

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /*

*Bodytone*

Daniela

**10:15 - 11:10**

*Upcon*

Daniela

Dimanche , 07.01

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /*

*Bodytone*

Melanie