

Lundi , 25.12

10:00 - 10:55

Fight Time Special
Team

Mardi , 26.12

10:00 - 10:55

BBP Special
Daniela

Mercredi , 27.12

09:10 - 10:05

Yoga
Isabel

18:15 - 18:45

Simply Core
Bianca

19:00 - 19:55

Fitboxe
Isabel

Jeudi , 28.12

09:10 - 10:05

Pump
Isabel

18:00 - 18:55

Pump
Nicolle

19:00 - 19:55

Fighttime 55'
Bianca

Vendredi , 29.12

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

18:00 - 18:55

Step'n Tone
Graziella

Samedi , 30.12

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

10:15 - 11:10

Upcon
Daniela

Dimanche , 31.12

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Luana