

**Lundi , 31.07**

**09:10 - 10:05**

*Pilates*  
Brigitte

**10:10 - 10:55**

*Fitboxe*  
Isabel

**17:15 - 18:10**

*P.I.I.T Special*  
Luana

**Mardi , 01.08**

**Mercredi , 02.08**

**09:10 - 10:05**

*Yoga*  
Olga

**18:15 - 18:45**

*Simply Core*  
Luana

**19:00 - 19:55**

*Fitboxe*  
Isabel

**Jeudi , 03.08**

**09:10 - 10:05**

*Pump*  
Isabel

**18:00 - 18:55**

*Pump*  
Nicolle

**Vendredi , 04.08**

**18:00 - 18:55**

*Step'n Tone*  
Graziella

**Samedi , 05.08**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Naima

**10:15 - 11:10**

*Upcon*  
Bianca

**Dimanche , 06.08**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Melanie