

### Lundi , 14.04

**18:00 - 18:55**

*Muscle Work*  
Angelica

**19:05 - 20:00**

*Functional Workout*  
Angelica

### Mardi , 15.04

**10:10 - 11:05**

*Zumba*  
Felicia

**12:10 - 13:05**

*Muscle Work*  
Graziella

**18:00 - 18:55**

*Pilates*  
Geneviève

**19:05 - 20:00**

*Functional Workout*  
Vanessa

### Mercredi , 16.04

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
Angelica

**09:50 - 10:45**

*Rückenfit*  
Sonja

**18:00 - 18:55**

*Step Intervall*  
Fabienne

**19:05 - 20:00**

*Yoga*  
Fabienne

### Jeudi , 17.04

**09:30 - 10:25**

*Pilates*  
Isabelle

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Natalie

**19:05 - 20:00**

*Pump*  
Cristian

### Vendredi , 18.04

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
Graziella

### Samedi , 19.04

**09:30 - 10:25**

*Step'n Tone*  
Graziella

### Dimanche , 20.04

**09:00 - 10:30**

*BBP Special*  
Natalie