

Lundi , 30.12

12:15 - 12:45

P.I.I.T
Melanie

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Mardi , 31.12

12:10 - 13:05

Pump
Graziella

Mercredi , 01.01

10:00 - 11:30

BBP Special
Angelica

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

19:05 - 20:00

Yoga
Fabienne

Jeudi , 02.01

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natalie

19:05 - 20:00

Pump
Cristian

Vendredi , 03.01

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Graziella

Samedi , 04.01

09:30 - 10:25

Step'n Tone
Nicole

Dimanche , 05.01

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia