

Lundi , 23.12

12:15 - 12:45

P.I.I.T
Melanie

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Mardi , 24.12

09:00 - 09:55

Yoga
Laura

12:10 - 13:05

Pump
Graziella

Mercredi , 25.12

10:00 - 11:30

Functional Workout
Vanessa

Jeudi , 26.12

Vendredi , 27.12

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Graziella

Samedi , 28.12

Dimanche , 29.12

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

11:05 - 12:00

Yoga
Fabienne