

Lundi , 29.07

12:15 - 12:45

P.I.I.T
Melanie

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Mardi , 30.07

09:00 - 09:55

Yoga
Sonja

12:10 - 13:05

Pump
Saskia

18:00 - 18:55

Pilates
Priska

19:05 - 20:00

Functional Workout
Vanessa

Mercredi , 31.07

08:45 - 09:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

09:50 - 10:45

Rückenfit
Sonja

17:30 - 18:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Jeudi , 01.08

10:00 - 11:30

BBP Special
Team

Vendredi , 02.08

09:00 - 09:30

P.I.I.T
Nicoletta

Samedi , 03.08

Dimanche , 04.08

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natalie