

Lundi , 19.02

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Mardi , 20.02

09:00 - 09:55

Yoga
Laura

10:10 - 11:05

Zumba
Felicia

18:00 - 18:55

Pilates
Geneviève

Mercredi , 21.02

08:45 - 09:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

09:50 - 10:45

Rückenfit
Sonja

18:00 - 19:30

Yoga Special
Fabienne

Jeudi , 22.02

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Felicia

Vendredi , 23.02

Samedi , 24.02

09:30 - 10:25

Step'n Tone
Nicole

Dimanche , 25.02

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia