

Lundi , 25.09

12:15 - 12:45

P.I.I.T
Priska

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Mardi , 26.09

09:00 - 09:55

Yoga
Bettina

10:10 - 11:05

Zumba
Felicia

12:10 - 13:05

Pump
Graziella

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mercredi , 27.09

08:45 - 09:40

P.I.I.T Special
Melanie

09:50 - 10:45

Rückenfit
Bettina

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Jeudi , 28.09

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Felicia

Vendredi , 29.09

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Saskia

Samedi , 30.09

Dimanche , 01.10

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Fabienne