

**Lundi , 07.08**

**18:10 - 19:05**

*Pump*  
Saskia

**19:15 - 20:10**

*Functional Workout*  
Nadine

**Mardi , 08.08**

**09:00 - 09:55**

*Yoga*  
Bettina

**12:10 - 13:05**

*Pump*  
Saskia

**18:00 - 18:55**

*Pilates*  
Isabelle

**19:05 - 20:00**

*Functional Workout*  
Vanessa

**Mercredi , 09.08**

**09:50 - 10:45**

*Rückenfit*  
Priska

**18:00 - 18:55**

*Powerstep*  
Fabienne

**19:05 - 20:00**

*Power Yoga*  
Fabienne

**Jeudi , 10.08**

**09:30 - 10:25**

*Pilates*  
Isabelle

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Natalie

**19:05 - 20:00**

*Pump*  
Cristian

**20:10 - 21:05**

*Zumba*  
Felicia

**Vendredi , 11.08**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
Lara

**Samedi , 12.08**

**Dimanche , 13.08**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Nadine