

Lundi , 31.07

Mardi , 01.08

**12:10 - 13:05**

*Pump*  
Doris

Mercredi , 02.08

**08:45 - 09:40**

*BBP (Bauch, Beine, Po) / Bodytone*  
Angelica

**09:50 - 10:45**

*Rückenfit*  
Angelica

**18:00 - 18:55**

*Powerstep*  
Fabienne

**19:05 - 20:00**

*Power Yoga*  
Fabienne

Jeudi , 03.08

**09:30 - 10:25**

*Pilates*  
Isabelle

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Naima

**19:05 - 20:00**

*Pump*  
Cristian

**20:10 - 21:05**

*Zumba*  
Felicia

Vendredi , 04.08

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
Lara

Samedi , 05.08

Dimanche , 06.08

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Saskia