

Lundi , 24.07

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Mardi , 25.07

09:00 - 09:55

Yoga
Laura

12:10 - 13:05

Pump
Saskia

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mercredi , 26.07

08:45 - 09:40

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Angelica

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Jeudi , 27.07

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Dominique

Vendredi , 28.07

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Lara

Samedi , 29.07

Dimanche , 30.07

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Nicole